

## SUPPORT PLAN FOR WORK OF VOLUNTEERS WITH BIJLO MEDICAL CENTER, THE GAMBIA 2026

This plan describes ways in which volunteers can help this project to develop their aims and goals and gives examples of ways in which volunteers have contributed in the past.

AIMS	ACTIONS AND COMMENTS
1. To provide support for the local medical practitioners, working alongside them to share skills and expertise in specific specialist areas	<ul style="list-style-type: none"> <li>• Volunteers with specific skills and experience in nursing would be welcomed to work alongside the local team</li> <li>• Volunteers who are trained midwives would be particularly welcomed to work in the pre-natal clinic and with the medical centre's obstetrics team</li> <li>• Volunteers with experience in gynaecology would be particularly welcomed to share their skills</li> <li>• Volunteers with skills in physiotherapy would be welcomed to share their experience of different treatments</li> <li>• Volunteers with radiography skills would be welcomed to work alongside the local team</li> <li>• Volunteer able to work in the laboratory as lab technicians would also be welcomed</li> </ul>
2. To provide training for local medical practitioners in specific specialist areas	<ul style="list-style-type: none"> <li>• Volunteers could run workshops for the local team in areas where they have specific knowledge of up-to-date developments, for example a volunteer who is a diabetic nurse could update the local team in the latest thinking in this area of medicine</li> <li>• A volunteer who is a trained gynaecologist could provide on-the-job training for the local newly qualified doctor</li> </ul>

## people and places:responsible volunteering

	<ul style="list-style-type: none"><li>• Volunteers with experience in alternative therapies could run workshops to demonstrate these to the local team</li><li>• Any volunteers with experience in the use of ECG machines could share their knowledge with local doctors – the hospital has two ECG machines but they are new equipment for the hospital</li><li>• Volunteers with appropriate experience could help to train the housekeepers and nurses in professional hygiene/cleaning standards.</li></ul>
3. To provide motivation for the local team	<ul style="list-style-type: none"><li>• By working alongside medical practitioners from a different country, volunteers and local people can motivate each other through shared experiences and knowledge</li></ul>

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